

Factsheet

Allied Health Assistant

Career factsheet for school leavers

Allied Health Careers

What is an Allied Health Assistant?

Allied health assistants (AHAs) work under the supervision of an allied health professional to assist with clinical tasks and program related activities for clients. AHAs provide support to a range of allied health professions across hospital and community settings and allow the allied health professional to prioritise more critical patients.

What does an Allied Health Assistant do?

- Assist clients with initial screening, exercise programs, therapy or daily activities
- Assist in the delivery and maintenance of equipment
- Assist with management of stock and other resources
- Support the work unit with client records and administrative duties.

How can I become an Allied Health Assistant?

To be an allied health assistant at NT Health, you need a Certificate III or IV in Allied Health Assistance or equivalent qualification, or relevant work experience related to the duties of the position.

Can I study Allied Health Assistance in the NT?

Yes. You can study a Certificate III or IV in Allied Health Assistance locally in the NT.

If you're still at school, you can apply for a school-based traineeship, such as:

- The National Aboriginal and Torres Strait Islander Health Academy School-Based Traineeship, or
- The NT Government's Early Career Traineeship Program.



Are there any scholarships or financial assistance available?

Yes, there are several options available, including:

Australian Government - Study Assist

Information about government assistance for financing tertiary study:

servicesaustralia.gov.au/payments-you-can-get-for-higher-education?context=60078

Northern Territory Government

NTG Traineeships:

jointheterritory.nt.gov.au/work/work-for-ntg/Agency_sites/early-careers/traineeship-program

NT Health Aboriginal Scholarship Scheme and Aboriginal Cadetship Program:

health.nt.gov.au/careers/aboriginal-careers2/indigenous-cadetships

Myfuture

Australian career information and exploration service:

myfuture.edu.au



Careers in Allied Health

Working as an AHA is a great way to explore other allied health careers. You could go on to become a:

Audiologist
Oral Health Therapist
Health Promotion Practitioner
Medical Laboratory Scientist
Medical Radiation Practitioner
Occupational Therapist
Pharmacist
Physiotherapist
Podiatrist
Prosthetist/Orthotist
Psychologist
Dietitian
Social Worker
Sonographer
Speech Pathologist

Need more information?

NT Health

health.nt.gov.au/professionals/allied-health

Quality Indicators for Learning and Teaching (QILT)

Compare undergraduate courses, student experience and graduate employment in different universities

qilt.edu.au

Indigenous Allied Health Australia

iaha.com.au

Your Career – Australian Directory of Training

Information on training courses for school leavers, students, apprentices, and employers

yourcareer.gov.au/learn-and-train/myskills

Career FAQs

Courses and career resources

careerfaqs.com.au

Experience clinical and cultural diversity while making a difference in Aboriginal health by joining the allied health workforce in the NT.